11th Annual Running Raider 5K
Sunday, August 31, 2014
9:00 a.m. in Russia, OH

The traditional firing of the cannon will start the race!

2014 Shirt Design

5K Walk/Run: A 3.1 mile run over rural roads with a water station and official timing at the 1 and 2 mile markers. Official timing will stop 45 minutes after the start of the race. All pre-registered runners will be able to pick up their race packets in the Commons at Russia Local School from 7:30 a.m.-8:45 a.m. on race day.

Race Age Groups and Awards: ***$100.00 to the overall top male and female runner.*** Medals to top three places of each of the following age and gender groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69 and 70 and over.

5K Entry Fee: Pre-registration is $18 with t-shirt order (Add $2 for XXL), $10 without t-shirt if postmarked by Wednesday, August 20, 2014. No refunds. Race entry fee must accompany the registration form.
Race-day registration is $15 with no shirt (Limited supply of shirts may be available for purchase on race day.)

Race Day Registration and Pre-registration Pick-Up: From 7:30 a.m.-8:45 a.m. in the Commons at Russia Local School.

1-Mile Fun Run: The one mile fun run will start at 9:50 a.m. Race day registration is $1 in the Commons at Russia Local School from 7:30 a.m.-8:45 a.m. After 8:45 a.m., registrations will be taken at the start of the Fun Run, which begins on Borchers Street. No pre-registrations for Fun Run. Ribbons to Fun Run participants.

Refreshments: Yogurt, fruit, and water provided to all runners at the finish line.

Winners and Course Records

2013 Winners	Female: Stephanie Gruenberg, 20:22.9	Male: Aaron Bauer, 16:25.8
Course Records	Female: Christina Johnston, 2009, 18:03	Male: Zac Graham, 2010, 15:46

Download additional registration forms and find race results at www.shelbycounty5ktour.com

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Cut off bottom portion, return with check payment to Russia Homecoming Festival, 105 Park Street, Russia, OH 45363

Please Print—Entry Form for Running Raider 5K 2014—One Per Person

Name: _____ Sex: M _____ F _____ Age (race day): _____

Street Address: _____ City, State, Zip: _____

Phone: _____ Email: _____

T-shirt size: (circle one) Youth Medium Youth Large Adult Small Adult Medium Adult Large Adult XL Adult 2XL (+$2) No shirt

Amount of Payment: $_____
(Checks payable to Russia Homecoming Festival)

Return to: Running Raider 5K, 105 Park Street, Russia, OH 45363
Please postmark by Wednesday, August 20, 2014

Please sign the consent form below and enclose check payable to Russia Homecoming Festival. Mail the form and enclosed check to Russia Homecoming Festival, 105 Park Street, Russia, OH 45363. Please postmark by Wednesday, August 20, 2014. All proceeds to go to Russia Homecoming Festival. For questions, please contact Holly Dapore at sunnysky223@embarqmail.com or by phone at 937-526-4525.

Consent and Release (must be signed in order to participate)

In consideration for my being permitted to participate in the Running Raider 5K, I hereby release, discharge, and agree to hold free and harmless the Russia Homecoming Committee and volunteers and each of them together with their successors, assigns, officers, agents, and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in the Running Raider 5K. By my execution of this waiver, I verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. This release shall be binding upon my heirs, executors, and administrators.

Race Registrant Signature_____ **Date:** _____

Parent/Guardian Registrant Signature _____ **Date:** _____